

_____ HAS FOOD ALLERGIES.

DO NOT GIVE HIM ANYTHING TO EAT OTHER THAN HIS OWN SNACK.

HE IS ALLERGIC TO : _____

Do not feed him the above food, whether cooked or raw.

Check all ingredients on food labels.

Be especially careful with peanuts: proximity reactions are possible.

WHAT TO DO IN CASE OF AN ALLERGIC REACTION ?

Two types of reactions :

- 1) If there is a light skin reaction (such as small red spots around the lips or on the body), itchiness on the body, on the lips or tongue, swelling of the face or lips, stomach aches, or vomiting :**

(information on the medicine)

- 2) If there is a respiratory reaction (difficulty to breath/swallow/talk) and/or faintness, low blood pressure, loss of consciousness :**

(information on the medicine)

CONTACTS

Emergencies : _____ (local emergency tel number)

Mother : _____ (cell number)

Father : _____ (cell number)